

Clinical Proof: Micronutrients Reverse the Course of AIDS!



Dr Matthias Rath

Dr. Rath is the world-renowned scientist and physician who led the breakthrough in the natural control of some of today's most common diseases.

With this public health information Dr. Rath wants to assist the people and the government of South Africa to decrease their dependency upon the pharmaceutical investment 'business with diseases.'

The Dr. Rath Health Foundation Africa is a non-profit organization dedicated to research and education in the area of science-based natural health. Its primary focus is to improve the health of millions of people through community-based health education programmes.

This health information is supported by the Dr. Rath Health Foundation Africa, and by thousands of people who have been helped by natural health programmes.

Dr. Rath is supported by a growing team of outstanding scientists and doctors committed to fostering the scientific evidence and awareness that the HIV/AIDS epidemic can be controlled naturally.

We call upon health professionals and health policy makers from Africa and other continents to join this global campaign to eradicate the HIV/AIDS epidemic by natural means.

We encourage you to contact us through our website at www.dr-rath-foundation.org.za.

Dear Attendees of the Conference on AIDS and Nutrition,
Ladies and Gentlemen,

Over the past two decades the AIDS epidemic has grown into a health problem unparalleled in human history. Millions of people have already died and tens of millions of people are hoping for and expecting solutions that would spare them a similar fate.

People and governments around the world are looking to scientists to come up with the answers to decrease the suffering and economic burden imposed by the immune deficiency epidemic AIDS.

THE BASIC SCIENTIFIC FACTS CAN NO LONGER BE IGNORED

But the solution is at hand. For nearly a century, **textbooks of biology, biochemistry** and other natural science disciplines have document the following facts about immune deficiencies:

- the most important remedy to improve the immune system of our body is to increase the production of white blood cells, such as lymphocytes and monocytes,
- **vitamins, particularly vitamins B6, B12, vitamin C, folic acid and certain other essential nutrients are the most important natural molecules that stimulate the formation of these defense cells in our body,**
- deficiencies of these essential micronutrients in our diet impair the function of our blood cell system and cause diseases such as anemia (e.g.megaloblastic anemia) and severe immune deficiencies - thereby facilitating infectious diseases.

THE PHARMACEUTICAL BUSINESS DEPENDS ON THE CONTINUATION OF THE HIV/AIDS EPIDEMIC

Unfortunately, while these facts are **basic knowledge in biological sciences, they are excluded from medical practice and withheld from the people of the world.** The pharmaceutical industry systematically prevents the widespread dissemination of this information to protect investors and promote its patented drugs.

The exporting of patented antiretroviral (ARV) drugs to people affected with the HIV/AIDS epidemic has become a multi-billion dollar business and a tool to renew old colonial dependencies of the developing world. Non-patentable, natural health solutions threaten the very existence of this drug business and are being vigorously attacked.

SCIENTIFIC BREAKTHROUGH IN FIGHTING HIV/AIDS - NATURALLY

The Dr. Rath Health Foundation has been a leader in scientific discovery and the promotion of the health benefits of essential nutrients in the area of cardiovascular disease, cancer and other diseases. **More than half a million people worldwide have already benefited from these natural health programmes** and our websites are the leading source of science based natural health information in the world (www.dr-rath-health-foundation.org, www.dr-rath-research.org).

My scientific discoveries contributed to these advances in science-based natural health. In the fight against HIV/AIDS, the finding that the amino acid lysine in combination with certain other micronutrients can block the spread of viruses through the connective tissue of our body paves the way for the control of this disease - by natural means.

THE CLINICAL PROOF: THE HIV/AIDS EPIDEMIC CAN BE CONTROLLED NATURALLY

This new scientific approach has now been confirmed in a clinical pilot study. We present here for the first time the results of this clinical study in HIV infected patients who had developed advanced stages of AIDS. They received a combination of vitamins and other essential nutrients for a period of four weeks. **None of the patients had received any ARV drugs prior to or during this nutritional program.**

The clinical condition of all patients significantly improved, including weight gain, decreased lymph node swellings, healing of ulcers and other signs of recovery. These clinical improvements were paralleled by dramatic improvements in the production of immune system-related white blood cells. The blood test results conducted before and after four weeks of this nutrient synergy program showed significant increase in the body's defense cells, including lymphocytes, monocytes and other immune function cells.

THE INTERNATIONAL DRUG CARTEL IS ABUSING THE UNITED NATIONS

Considering these results of effective, safe and affordable natural therapies - excluding any ARV drugs - it is obvious that the pharmaceutical interests are running amok. They not only fear the loss of a multi-billion market of ARV drugs - at stake is the entire credibility of their investment business.

This is why - in an unprecedented step - representatives of these drug interests within the WHO and other UN bodies have directly attacked this groundbreaking work of our Foundation. Against the will of the people of the world, who once set up the UN as an international body to improve the lives of all mankind, these drug-related interest groups abused these United Nation's bodies in a desperate attempt trying to block this breakthrough from reaching all mankind.

THE PEOPLE AND THEIR GOVERNMENTS MUST ACT NOW!

The people and the governments of the world have to decide whether they are ready to stop being manipulated by the pharmaceutical industry and embrace instead the scientific knowledge that is now available to fight the global HIV/AIDS epidemic with effective, safe and affordable natural means.

The Dr. Rath Health Foundation protects its intellectual property in order to prevent it from being taken hostage by pharmaceutical investment interests. **However, this scientific knowledge is given for free to the government of South Africa as well as any other government in the world that is ready to implement it in the fight against the HIV/AIDS epidemic.**

If you are interested to learn more, please contact us.

Sincerely,

Matthias Rath
Matthias Rath, M.D.

World's first scientific and clinical evidence that micronutrients *alone* dramatically improve clinical conditions and immune function of HIV/AIDS patients, increasing white blood cells, lymphocytes, monocytes, T-cells and CD4 counts*

THE SCIENTIFIC EVIDENCE:

We conducted a clinical pilot study in HIV-positive patients with advanced AIDS. The goal of the study was to show that vitamins and other micronutrients *alone* reverse the course of AIDS, even in its advanced stage. Thus, it was essential that none of the patients had received any ARV drugs before or during this nutritional programme.

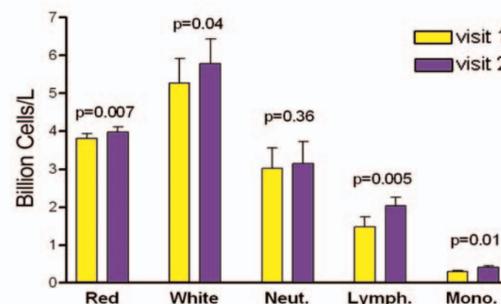
The nutrient programme consisted of vitamins, minerals, amino acids and certain other essential nutrients. Blood tests and clinical evaluations were performed at the start and after 4 weeks on the nutrient programme. The results of this pilot study were so profound after only one month that we decided to publish the data of the first 15 patients without delay. After the completion of the study a comprehensive report will follow.

Increase of Immune Function Markers (n=15, 4 wks)

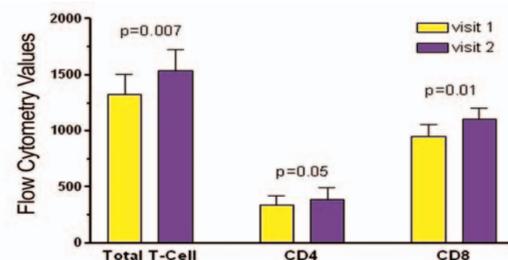
White blood cells	+ 10 %	p = 0.04
Lymphocytes	+ 38	p = 0.005
Monocytes	+ 38	p = 0.01
Total T-cells	+ 16	p = 0.007
CD4 counts	+ 14	p = 0.05

The more severe the AIDS condition was at the start of the study, the more the immune function markers had increased after 4 weeks.

Hematology (Blood Cell) Changes (n=15, 4 wks)



Increase in Specific Immune Function Markers (n=15, 4 wks)



* The scientific responsibility of these results is shared by Alexandra Niedzwiecki, Ph.D. (Dr. Rath Health Foundation, USA), David Rasnick, Ph.D. (Dr. Rath Health Foundation, South Africa), Sam Mhlongo, M.D. (MEDUNSA, South Africa) and Matthias Rath, M.D.

THE CLINICAL EVIDENCE:

Last year, when Zola**(20) experienced symptoms of weight loss, sweating at night and coughing she consulted her local clinic and was diagnosed with tuberculosis (TB) and also tested HIV positive.

She was advised that after finishing her TB treatment, she should start taking antiretroviral (ARV) treatment but she objected because of the side-effects of ARV treatment. By that time she had developed symptoms of full-blown AIDS, including a deep wound under her left ear. This wound would not heal and eventually a severe infection developed (see picture A below). The patient also had pain in her legs and other parts of her body.

Soon after she started the nutrient programme, the pains in her body stopped and she gained weight. The infected wound began to heal and after one month had almost completely disappeared (see picture B below). "I hated being around people, but now I have a positive outlook towards life," says Zola.

** In order to protect the patient the name was changed.

Zola's neck wound



A: Before the nutritional programme

B: After 1 month of daily essential nutrients

Marieta (29) was beginning to show symptoms of full-blown AIDS with severe tumor-like swelling of the lymph nodes underneath her armpits, weight loss and hair falling off. She had been unable to work. Her CD4 count last December was 365. But she was not yet ready to take ARV drugs.

"After a week of using the nutrient programme, I regained my strength and went back to work. The tumors began to heal."

In early April she had another blood test taken. Her CD4 count had risen to 899, an increase of almost 150% in only 3 months!

"There is an alternative to ARV drugs and its working, I am the living proof that nutrients work," concludes Marieta.